



Adult Figure Skating

2019 - 2020 Season

Olympia Skating Club offers adult only figure skating programs geared specifically to adult skaters of all levels in a friendly and supportive environment.

Olympia Skating Club Vision:

To become the leading, adult-only figure skating club and a National example of Skate Canada's "Active for Life" program. Olympia Skating Club offers individualized programming for adults of all ages, commitment and skill levels while focusing on the overall well-being of athletes as it relates to total programming and conditioning.

Olympia Skating Club Mission Statement:

Olympia Skating Club works with adult-athletes of all ages and levels, providing them with a fun, focused environment to achieve their figure skating goals. The flexible environment allows each athlete to participate as much or as little as fits with their lifestyle and life commitments.

Programming focuses on the Motor Skills, Technical, Artistic, Physiological, Psychological and Social aspects of figure skating. We believe this variety of programming will be a catalyst to high levels of participation, earlier onset of participation and increased athlete satisfaction all resulting in the growth of adult figure skating participation and prominence in Canada.

Ice Schedule:

Olympia Skating Club offers adult skaters a flexible ice schedule and pricing as well as off-ice training sessions.

Schedules will be posted by month on Olympia's website www.olympiaskatingclub.ca.

Coaching Staff:

Olympia Skating Club is very fortunate to have Monika Bafia as our head coach. Monika has over 27 years of coaching experience. She was a Polish National champion and represented Poland for 22 years in both Senior Ladies and Ice Dance. Monika qualified for the 1984 Sarajevo Olympics before a serious injury sidelined her. She is an Olympic Level Coach Master in Warsaw Poland, a Skate Canada Coach (NCCP Level III Theory, Technical, Practical) and is highly coveted as a choreographer for ballet companies and skaters of all levels from Europe, Canada, USA, Russia and Japan. Monika has identified an opportunity to work with adult figure skaters and has created a diverse but well-rounded training program supporting Skate Canada's Active for Life strategy.

Payment Form for Ice

Rates:

- \$210 for 10 sessions to be used in a calendar month
- \$240 for 10 session pass
- \$450 for 20 session pass
- New Member Introductory Offer: \$100 for 3 sessions and required Skate Canada Membership
- *NEW* Active Members must purchase a minimum of a 10 time pass with registration prior to skating in September

Drop-in Rates:

- \$25 for - 75 minute session
- Payment is required prior to skating session(s).
- Cheque is the preferred form of payment, payable to “Olympia Skating Club”. NSF cheques are subject to a \$40 fee.
- Skaters must have a current and valid Skate Canada membership. This membership is renewed annually by Skate Canada figure skating clubs and the membership year is **September 1 to August 31**. Your membership permits you to skate on ice booked by Skate Canada clubs and provides insurance coverage.
- If you wish to designate Olympia Skating Club as your Skate Canada home club, please include an additional **\$60 for your Skate Canada membership fee** and Olympia will process this for you.
- Completion of Skater Waiver and Registration forms are required before first skating session.
- Due to the flexible payment options offered by Olympia, there will be no refunds.

Volunteer with Grassroots Skaters' Foundation!

The Grassroots Skaters' Foundation is a non-profit fundraising organization that supports the adult figure skating community in Alberta. Funds are raised through the operation of the Grassroots Farmers' Market at Deerfoot City which operates from June – September each year. Volunteering at the market is fun and skaters can earn credits to put towards their skating. For more information, please visit <http://skatersfoundation.ca/>.



**Registration
2019-2020**

Skater's Last Name: _____

Skater's First Name: _____

Skate Canada #: _____ Home Club & #: _____

Birthday (MM/DD/YY): ____ / ____ / ____

Phone #: _____

Address: _____

City: _____ Postal Code: _____

Email Address: _____

Emergency Contact: _____ Relationship: _____

Phone #: _____

Coach Name: _____

Will Coach attend sessions (please circle): YES NO
(If yes, please see www.olympiaskatingclub.ca for the Guest Coach Policy and Agreement.)

All skaters must be 18 years and older and sign the Skater Waiver Form to skate on Olympia ice.

Note: All skaters must have a current and valid Skate Canada membership.

OLYMPIA SKATING CLUB - ADULT FIGURE SKATING
Skater Agreement – Code of Ethics, Ice Etiquette and
Waiver 2019-2020 Season

This waiver covers all ice bookings under Olympia Skating Club at The City of Calgary, WinSport, or any other arena booked for the purpose of skating.

It is understood and agreed that Olympia Skating Club / Skate Canada shall not be liable for injury or loss by a member while traveling to or participating in any activity by the club. Olympia Skating Club shall not be responsible for loss or damage to a member's property. Members agree to indemnify Olympia Skating Club, The City of Calgary, WinSport, or any other arena booked for the purpose of adult skating hold it harmless for any claims.

CODE OF ETHICS

All members agree:

- To abide by Olympia Skating Club, The City of Calgary, WinSport, or any other arena booked for the purpose of adult skating rules and regulations.
- Must have an active and current Skate Canada Membership.
- On occasion Olympia Skating Club has the right to cancel, restrict or limit registrations.
- Olympia Skating Club ice times and sessions are subject to change.
- Represent Olympia Skating Club in a respectful and professional manner.
- Strive to create and maintain cooperative relationships with fellow skaters and coaches for the purpose of ensuring a positive skating environment.
- Inappropriate and disrespectful behaviour by Skaters to other Skaters and Coaches can result in temporary or permanent suspension from Olympia Skating Club.
- To refrain from skating while under the influence of alcohol, marijuana or illegal drugs; failure to comply can result in temporary or permanent suspension from Olympia Skating Club.
- All skaters are to display good sportsmanship and encourage all skaters' enjoyment of skating.
- All skaters are responsible for keeping the dressing rooms clean and tidy. The skaters are responsible for putting away their own personal items and throwing away any garbage. Non-compliance will result in user fines.
- Videotaping or photographing of skaters during practices, competitions, performances, simulations, and special events is allowed if used for promotional purposes for Olympia Skating Club and may include but not limited to the Olympia website, newsletters, brochures, Facebook, bulletin board, etc. **Please send any exceptions to this point to: skateolympia@gmail.com.**



ICE ETIQUETTE

- Soloists have the right of way for the first 2 run-throughs only. Soloist is expected to yield to other skaters after that.
- All skaters need to be aware of their surroundings and respect everyone on the ice.
- More experienced skaters will yield to the less experienced skaters for everyone's safety.
- Dancers must yield to free skaters unless it's a specified dance session.
- When skating away from the boards, pay attention to oncoming skaters.
- Profanity or disrespect to fellow skaters or coaches will not be tolerated.
- Respect the use of the stereo by restricting multiple repeats of a solo and being mindful of others waiting and by returning the background music after solo is finished.
- Skaters may use one ear bud/phone if they are playing music for their personal programs; however, the club reserves the right to ask a skater to remove headphones/buds if they pose a risk to others.
- If the skater is not running through a program, jumps are to be done in the jumping zone (end of the arena) and spins in the spinning zone (center ice).
- Exit the jumping zone towards the end of the arena.
- Keep conversations to a minimum – if there is a need to talk, move to the side of the rink.
- As adults, we understand the cost and time a coach spends with each skater. Out of respect to each individual, do not disturb a coach / skater while in lessons.
- Skaters will not coach other skaters without the coach's permission (unsolicited coaching).

Disclaimer

Olympia Skating Club, City of Calgary, WinSport and/or their agents, assume no responsibility for accidents or injuries however caused and the applicant agrees to release the proprietors from all claims or damages arising as a result of such accidents or losses.

Please sign that you understand and agree with the waiver, disclaimer and rules of conduct in this skater agreement.

Print Name

Signature

Date